

January 2008

Ieva's Polka

Intermediate

Music:
Choreo:

Loituma (CD: Bravo Hits 57)
Daphne Dahl (daphne.dahl@googlemail.com)

112 BPM
3:10

Sequence:

A B C Br A A B C A B C

wait 16 beats

Part A:

Mountain Basic STO DT UP/H DS RS **turn 1/4 L on STO**
 L R R L R LR **turn 1/4 L on DT UP**

Rock Twist RS DS DS Twist(Heels L) Twist(Heels R)
LR L R -----both-----
&1 &2 &3 & 4

Repeat all above as written to face front again.

Zig Zag DS(xif) R(ots) S DS(xif) R(ots) S DS(xif) R(ots) S R(ots) S DS
L R L R L R L R L R L R L R
&1 & 2 &3 & 4 &5 & 6 & 7 &8

2 Hard Step DT(b) H BR UP/H DS RS
L & R L R L L R L RL
& 1 & 2 &3 &4

Part B:

Double Kick DT S/KK KK RS BA SL
L L R R RL R R
& 1 2 &3 & 4

Fancy Run DS DS(xif) BA(ots) BA(xib) BA S **turn 1/2 R on beat 3**
L R L R L R L R
&1 &2 & 3 & 4

Repeat all above as written to face front again.

Triple Brush DS DS DS BR UP/H **move forward**
L R L R R L

Drag Back DR S DR S DR S RS **move back**
L R R L L R LR
& 1 & 2 & 3 &4

Charleston DS TCH(if) H T(ib) H RS
L R L R R LR

Rocking Chair DS BR UP/H DS RS
L R R L R LR

Part C:

Slipping Vine DS SL S(xib) DS DS(xif) DS SL S(xib) DS RS
L L R L R L L R L RL
&1 & 2 &3 &4 &5 & 6 &7 &8

modified DT(xif) H DT(unx) H RS BA/H SL/UP DS DS DS RS
High Horse R L R L RL R L R L L R L RL
with Triple ending & 1 & 2 &3 & 4 &5 &6 &7 &8

Repeat all above (opposite footwork & direction).

Bridge:

2 Basic DS RS
L & R L RL